



MEMBER OF
**WORLD
HEART
FEDERATION**



Global Heart Hub
Affiliate

THE ONE NEW HEART TANZANIA

Impact Report 2025

Saving Lives • Caring for Hearts • Creating Lasting Impact



Our Mission & Why it Matters

The One New Heart Tanzania (TONHT) is a non-profit organization dedicated to ensuring that children and adults in Tanzania do not die from treatable heart conditions due to lack of access, awareness or resources.

We work at the intersection of:

- Life-saving treatment
- Early diagnosis
- Community awareness
- Advocacy and capacity building
- Global partnerships

In 2025, our work reached communities from **Mbeya to Songwe, Rukwa to Dar es Salaam**, and extended globally through strategic partnerships in **India, the United States and Europe**.

Why Heart Disease in Tanzania is Urgent

- Congenital heart defects affect **8 in every 1,000 live births**
- Cardiovascular disease caused an estimated **56,908 deaths in Tanzania (2021)**
- **Hypertension affects ~26% of adults**, yet awareness and control remain low
- Diagnostic tools such as **ECG and Echo are available in less than half of health facilities**

With early detection and timely treatment, many of these deaths are preventable.

Lives Saved & Communities Reached

1. Life-Saving Surgeries for Children

In 2025, TONHT supported three children to receive life-saving heart surgery.

These children are now living healthy, active lives, outcomes that would not have been possible without donor support, partnerships and early diagnosis.

Impact:

- Lives saved
- Families protected from catastrophic health costs
- Proof that early detection and referral works



2. Early Diagnosis Through Community Screening

TONHT conducted multiple outreach screening camps using portable ECG and Echo technology, reaching underserved and rural communities.

Screening Impact

- **750+** people screened
- **150+** high-risk individuals referred
- Conditions identified included:
 - Hypertensive heart disease
 - Arrhythmias
 - Ischemic heart disease
 - Congenital heart defects

These outreaches brought services hundreds of kilometers closer to people who would otherwise never access cardiac care.



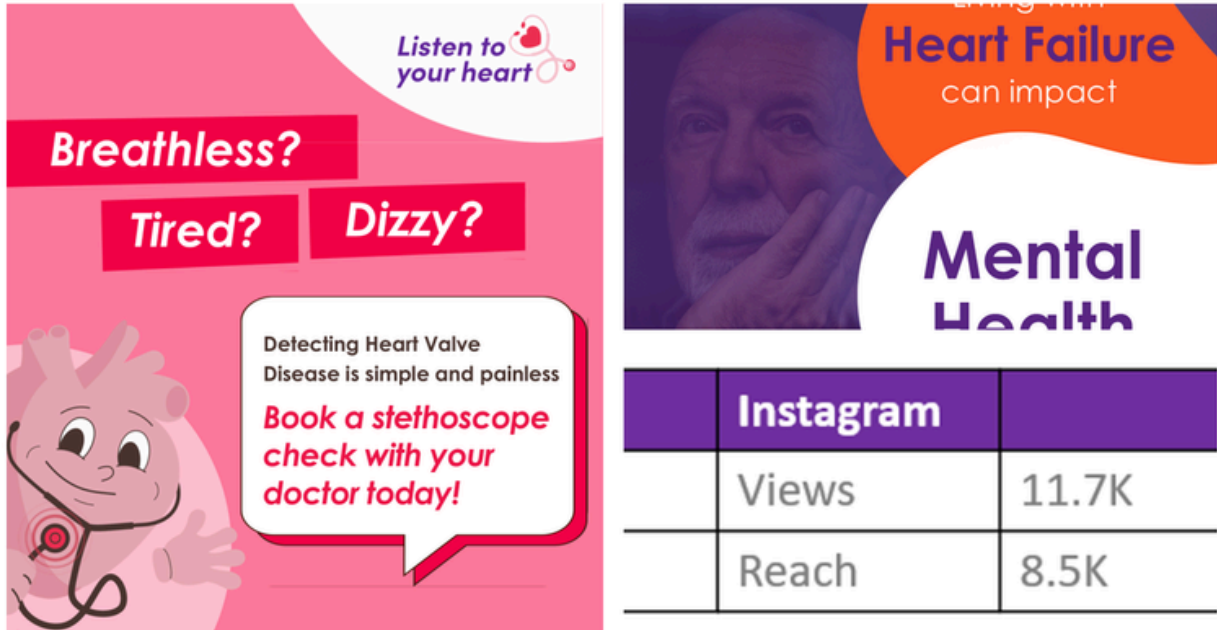
Awareness, Advocacy & Global Reach

1. Global Heart Hub 2025 Heart Failure Awareness Campaign

Highlighting the link between heart failure and diabetes, kidney disease, obesity and hypertension.

Impact:

- Improved health literacy
- Earlier care-seeking behavior
- Stronger community trust



	Instagram	
Views		11.7K
Reach		8.5K

2. Advocacy Beyond Borders

In 2025, TONHT represented Tanzania on global platforms, including:

- African Heart Conference (Cardiotan 2025) - Zanzibar
- Global Heart Hub Advocacy Training - Milan, Italy
- Global Heart Hub Unite Summit - Dublin, Ireland
- Diaspora engagement events in the USA (URITHIFEST 2025)
- Emory University - Atlanta Georgia
- Black Heart Association mobile heart screening - Dallas, Texas

These platforms amplified Tanzanian patient voices and ensured local realities inform global cardiovascular policy discussions.

Building Sustainable Systems

1. Strengthening Health Workforce Capacity

TONHT invested in long-term system change by strengthening partnerships with academic and clinical institutions:

- Emory University (USA) - Nursing leadership, NCD research and technology-enabled care
- University of Chicago
- JKCI, Mbeya Zonal Referral Hospital, Benjamin Mkapa Hospital to create local heart care pathways

A key focus area is **nursing capacity**, recognizing nurses as frontline leaders in early diagnosis, patient education and chronic disease management.

2. Institutional Growth & Sustainability

In 2025, TONHT achieved two major milestones:

1. The One New Heart Foundation (USA) obtained 501(c)(3) status, enabling:

- Tax-deductible donations
- Stronger international fundraising
- Increased donor confidence and transparency

2. Integrated Sustainability Model

- Supported by **One Heart Travel Limited**, a Tanzania-registered tourism social enterprise
- 50% of profits are dedicated to sponsoring free heart surgeries for needy children

This blended non-profit and social enterprise model reduces donor dependency and ensures long-term impact.

Financial Statement

Opening balance (01/01/2025):	TZS 20,700,343.85
Individual Contribution:	TZS 14,300,558.57
Foundation Grants:	TZS 5,789,146.29
Corporate Giving:	TZS 7,766,700.00
Total Cash Donations (2025):	TZS 27,856,404.86
Total Funds Available:	TZS 48,556,748.71
Total Expenditure:	TZS (48,405,478.51)
Closing Book Balance:	TZS 151,270.20

In-Kind Donations

Medical Supplies & Equipment:	TZS 51,687,500.00
Flights Donated:	TZS 31,175,960.00
Total:	TZS 82,863,460.00

In-kind donations refer to a form of charitable giving where medical goods and services are gifted instead of monetary donations.

The One New Heart Tanzania receives a substantial number of such donations annually in the form of service hours from medical professionals, free or discounted surgical supplies, consumables, medications and equipment.

The above financial information is based on our unaudited interim financial statements as we are undergoing our 2025 annual independent audit.

What Your Support Made Possible

- Life-saving surgeries
- Community screenings and outreach
- Training, advocacy and partnerships
- Reduced operational costs through in-kind support

All funds were used strictly for mission-aligned activities.

How You Can Support

Through your support, we are able to ensure that no life is lost simply because of where someone is born or what they can afford.



Give

One-time/monthly donations. [CLICK HERE](#)

Volunteer

Host a patient, medical missions, events, organize fundraising. [CLICK HERE](#)



Travel for Hearts

50% of profits fund surgeries. Safaris, medical tourism, cultural tours, ethical, sustainable and heart driven. [CLICK HERE](#)

Our Priorities for 2026

With your continued support, in 2026 we aim to:

- Scale up screening, awareness and advocacy through **outreach missions and media**
- **Increase local heart surgeries** by hosting heart treatment camps in Tanzania
- **Deploy mobile heart services** to rural and underserved communities
- **Expand nursing and health worker training** for sustainable heart care
- Leverage One New Heart Foundation USA and diaspora networks to mobilize global resources
- Strengthen data, research and policy influence to drive systemic change

Every heartbeat saved in 2025 is a direct result of partnership, trust and shared commitment.

Together, we are proving that no child or adult in Tanzania should die from a treatable heart condition.

Social Media: [@onenewhearttz](#)

Support Our Cause

Bank: **CRDB Bank Plc**
Branch: **Waterfront Dar es Salaam**
Account Number: **015C427950900**
BIC/SWIFT: **CORUTZTZ**

MPESA LIPA NAMBA: **5 4 3 3 2 7 2 3**

The One New Heart Tanzania

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One-time/monthly PayPal donations. [CLICK HERE](#)